

NAME: _____

קנ"א 121 CHAPTER TEHILLIM

READ THROUGH THIS CHAPTER OF TEHILLIM IN ENGLISH AND HEBREW. CHOOSE A FEW IMAGES (EG. MOUNTAINS, SUN/MOON ETC.) AND ILLUSTRATE YOUR PAGE AROUND THE BORDER.

שִׁיר לַמַּעֲלוֹת אֲשֶׁר עֵינֵי אֱלֹהֵי הַרִים מֵאֵין יָבֵא
עֲזָרִי:

A song for ascents.

I turn my eyes to the mountains;
from where will my help come?

עֲזָרִי מֵעַם ה' עֲשָׂה שָׁמַיִם וָאָרֶץ:
My help comes from God,
maker of heaven and earth.

אֲלֵי־יָתֵן לְמוֹט רַגְלְךָ אֲלֵי־יָנוּם שֹׁמְרְךָ:
He will not let your foot give way;
your guardian will not slumber;

הִנֵּה לֹא־יָנוּם וְלֹא יִישָׁן שׁוֹמֵר יִשְׂרָאֵל:
See, the guardian of Israel
neither slumbers nor sleeps!

ה' שֹׁמְרְךָ ה' צִלְּךָ עַל־יְדֵי יְמִינְךָ:
God is your guardian,
God is your protection
at your right hand.

יוֹמָם הַשֶּׁמֶשׁ לֹא־יַכְּכָה וַיָּרַח בַּלַּיְלָה:
By day the sun will not strike you,
nor the moon by night.

ה' יִשְׁמְרְךָ מִכָּל־רָע וְיִשְׁמַר אֶת־נַפְשְׁךָ:
God will guard you from all harm;
He will guard your life.

ה' יִשְׁמַר־צֵאתְךָ וּבֹאֶךָ מֵעַתָּה וְעַד־עוֹלָם:
God will guard your going and coming
now and forever.

MY TEFILLAH/PRAYER

WHAT DO YOU WANT TO ASK GOD FOR IN THIS MOMENT? WHAT IMAGES AND IDEAS
WOULD YOU INCLUDE?