

“I am a Mountain” Song Lyrics

I am a Mountain
I am a mountain so very high, I can reach way up to the sky
The Torah should be given on me for I am as tall as can be
Oh no, I am much taller than you and there are so many things I can do
The Torah should be given on me for I am as great as can be
But little *Har Sinai* just stood there and sighed
I know I'm not tall, I know I'm not wide
The Torah can't be given on me
For I am so plain, he said, simply
But from all the mountains Hashem chose Sinai
Because it did not hold itself so high
It had such simple and humble ways, so we learn that humbleness pays

This song, which has become a classic, originally appeared in the children's record
I Hear a Mitzvah (1975), as part of the Mitzvah Tree series by Blanka Rosenfeld.

Watch here:

<https://www.youtube.com/watch?v=pBVdE1leTtl>

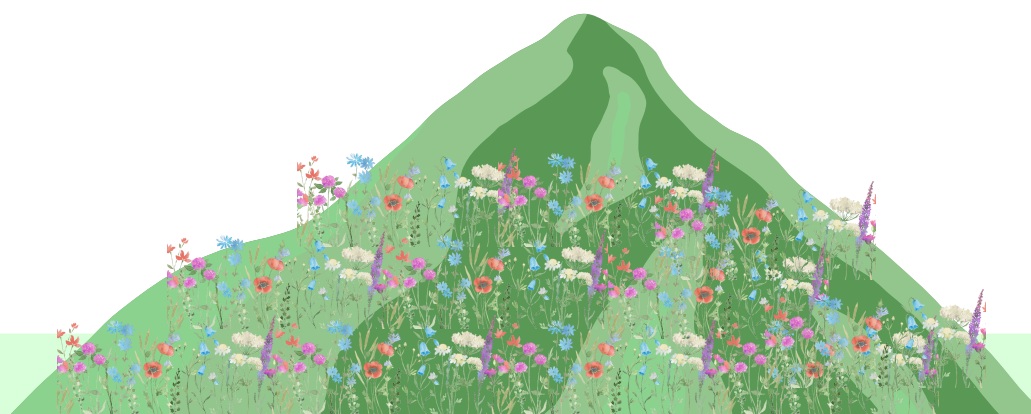
Talmud *Sotah* 1:8

אָמַר רַב יוֹסֵף: לְעוֹלָם יִלְמַד אָדָם מִדַּעַת קוֹנוֹ, שֶׁהָרִי הַקָּדוֹשׁ בָּרוּךְ הוּא הִנִּיחַ כָּל הָרִים וּגְבָעוֹת, וְהִשָּׁרָה שְׁכִינָתוֹ עַל הַר סִינַי.

Rav Yosef says: A person should always learn proper behavior from the wisdom of his Creator, as the Holy One, Blessed be He, disregarded all of the mountains and hills and rested His Divine Presence on the lower Mount Sinai.

שֶׁהָרִי הַקָּדוֹשׁ בָּרוּךְ הוּא הִנִּיחַ כָּל הָרִים וּגְבָעוֹת, וְהִשָּׁרָה שְׁכִינָתוֹ עַל הַר סִינַי וְלֹא גָבַהּ הַר סִינַי לְמַעַלָּה

The Holy One, Blessed be He, disregarded all of the mountains and hills, and rested His Divine Presence on the lowly Mount Sinai, and He did not choose to **raise Mount Sinai up** toward Him. God chose to give the Torah on Mount Sinai, as it was a symbol of humility due to its lack of height, and He lowered His Divine Presence, as it were, to the mountain.





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Defining Humility





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